

Sanopoly Health Matrix and product overview.

Find your product.



Product-Independent Notes

- ¹ VAK Publisher Meridian Tapping Chart.
- ² Pulsating magnetic fields and trampolining are beneficial.
- ³ Medication is required for stomach pain
- ⁴ Before physical activity.
- ⁵ Consult a doctor to determine the cause.
- ⁶ On an empty stomach: investigate periodontitis.
- ⁷ Ensure adequate fluid intake and exercise.
- ⁸ Check hormone levels; a personalised diet plan is advisable.
- ⁹ Clarify whether hypersympathicotonia is caused by misaligned teeth.

These recommendations are based on the findings and experience we have gained in practice. Dietary supplements are no substitute for seeing a doctor and receiving a medical diagnosis. If symptoms persist, a doctor should always be consulted.

Conventional medical knowledge and alternative medicine complement each other perfectly – in products from Sanopoly!

Our aim is to help as many people as possible achieve holistic well-being.

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Any questions for us?

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	Priosa® athleticum	Priosa® beauty	Priosa® biotics	Priosa® mind	Priosa® cardio	Priosa® clean	Priosa® complete	Priosa® d+	Priosa® defense retard	Priosa® digest	Priosa® energy	Priosa® gluco	Priosa® good mood	Priosa® immun	Priosa® mineral	Priosa® muscle fit magnesium	Priosa® nerv	Priosa® omega +	Priosa® pms	Priosa® protect	Priosa® uro	ESSENTIALS bi2	ESSENTIALS b active	ESSENTIALS collagen drink	ESSENTIALS d2	ESSENTIALS kids multi	ESSENTIALS melatonin	ESSENTIALS Q10
General health							☑											☑										
Allergies								Winter						☹														
Acne		☹																										☑
Osteoarthritis						☑															☑							
Endurance	Sport						☑		Sexual		Mentally						☑											Sport
Cystitis							☑														☑							
Blood formation / Anaemia							☑									☑												
High blood pressure					☑	Related to the liver					Emotional		Emotional															
Blood sugar												☑																
Burnout				☑			☑				☑																	
Cellulite		☹									☑														☑			
Chemotherapy							☑														☑							
Gut health			☑																		☑							
Dementia				☑			☑																				☑	
Depression											☑		☑											☑			☑	
Diabetes												☑				☑												
Common cold								☑						☹											☑			☑
Exhaustion				Mentally			☑				☑			☹						Periode				☑			☑	
Brain / Blood circulation				☑							☑												☑	☑				
Joint problems						☑															☑							
Weight loss							Supply				☑																	
Hair loss							☑				☑																	
Sore throat								☑						☹												☑		
Skin healing		☹												☹							Mucous membrane				☑			
Heart/ Vessels/ Arteriosclerosis					☹									☹				☑										
Immune system			Intestine				☑				☑			☹									☑			☑		
Jetlag ¹				☑							☑		☑										☑	☑				
Desire for a Child						☑	☑									☑								☑				☑
Bones / Osteoporosis ²								☑			☑					☑									☑			
Concentration				☑							☑													☑		☑		
Headaches							Chronic				Acute																	
Liver metabolism			☑			☑	☑														☑				☑			
Competitive Sports	☑					☑	☑				☑						☑											
Weak digestion ³														☑														
Menopause/ Dysmenorrhoea/ Menstrual cramps			Menopause			Menopause	☑				☑									Pms	Menopause					Menopause		
Migraines				☑							☑							After virus										
Sore muscles ⁴						☑											☑											
Muscle cramps						☑										☑	☑											
Nervous system, neuralgia				Head			☑				☑							After virus					☑	☑				
Atopic dermatitis		☹																							☑			☑
Pro Aging					☑		☑				☑										☑			☑				
Prostate																		☑			☑							
Recovery after surgery		Skin				After anaesthesia	☑											cells										☑
Detoxification						☑					☑										☑							
Rheumatism ⁵						☑								☹				☑			☑							
Back pain			Lower back					Cervical Spine									☑											
Insomnia											☑		☑							Period							☑	
Psoriasis		☹																☑										☑
Urinary tract protection																					☑							
Pregnancy							☑											☑										
Eyesight								☑			☑			☑														
Tendons						☑											☑											
Heartburn in older people ⁶																												
Metabolism stimulation ⁷				☑			☑																☑	☑				
Stress relief							☑				☑			☹										☑			☑	
Overweight ⁸							☑				☑			☹										☑				
Excessive sweating ⁹											☑			☹											☑			☑
Vegan diet											☑			☹									☑	☑				
Feeling of fullness										Before a meal				☹									☑	☑				
Growth-related complaints								☑			Drink															☹		
Wound healing		☹					☑															Urethra			☑			☑
Cell protection									☑					☹							☑	Urinary tract			☑			

Priosa® Products.





129,90 €*

180 Capsules

- ⊙ Amino acids
- ⊙ Minerals
- ⊙ Vitamins and plant compounds

Priosa® athleticum

Muscles & Performance



59,90 €*

100 Capsules

- ⊙ Vitamin E + biotin and zinc
- ⊙ Coenzyme Q10 and silica
- ⊙ Nutrient complex for the skin

Priosa® beauty

Skin, Hair & Nails



59,90 €*

60 Capsules

- ⊙ Prebiotics and probiotics
- ⊙ Natural microorganisms
- ⊙ Fibre and vitamins

Priosa® biotics

For gut flora



124,99 €*

90 Capsules

- ⊙ Supports heart function
- ⊙ Plant extracts and vitamins
- ⊙ Plenty of antioxidants to protect blood vessels

Priosa® cardio

For the heart and blood vessels



59,90 €*

00 Capsules

- ⊙ Sulphur-containing amino acid complex
- ⊙ L-methionine + L-cysteine +
- ⊙ MSM + B vitamins

Priosa® clean

Supports metabolic processes



149,90 €*

250 Capsules

- ⊙ All vitamins and minerals
- ⊙ All essential amino acids, Coenzymes and
- ⊙ plant-based active ingredients

Priosa® complete

Complete vitamin and mineral complex



34,90 €*

30 Capsules

- ⊙ Vitamin D2 + D3 and Vitamin K + A
- ⊙ Vitamin D-dependent minerals
- ⊙ CoQ10 + lecithin and Rhodiola

Priosa® d+

Immune system, Bones & Teeth



69,90 €*

63 Capsules

- ⊙ Electron radical scavengers
- ⊙ R-alpha-lipoic acid + S-acetyl-L- glutathione
- ⊙ Two key radical scavengers combined

Priosa® defense retard

R-alpha-lipoic acid with L-glutathione



34,90 €*

60 Capsules

- ⊙ Supports the metabolism
- ⊙ Pepsin + papain + bromelain
- ⊙ With ginger + minerals + zinc

Priosa® digest

Digestion & Metabolism



49,90 €*

150 Capsules

- ⊙ All essential amino acids
- ⊙ SOD and key B vitamins
- ⊙ Vegan

Priosa® energy

Performance & Concentration



39,90 €*

240 Gram

- ⊙ All essential amino acids
- ⊙ SOD and key B vitamins
- ⊙ Raspberry-flavoured drink powder

Priosa® energy drink

Performance & Concentration



COMING SOON

- ⊙ Supports blood sugar levels
- ⊙ NADH, soursoop and zinc
- ⊙ With a variety of plant extracts

Priosa® gluco

Metabolism & Blood Sugar



59,90 €*

90 Capsules

- ⊙ For normal mental function
- ⊙ With natural tryptophan
- ⊙ 5-HTP + Vitamin D2 + coenzymes

Priosa® good mood

Mental Energy & Balance



59,90 €*

100 Capsules

- ⊙ Boosts the immune system
- ⊙ Over 40 varieties of fruit,
- ⊙ vegetables and plants

Priosa® immun

Immunity & Protection



99,90 €*

240 Gram

- ⊙ A delicious drink
- ⊙ Vitamin complex for mental performance
- ⊙ With chilli & ginseng

Priosa® mind

Concentration & Mental Performance



39,90 €*

120 Capsules

- ⊙ Complete mineral complex
- ⊙ Containing all essential trace elements
- ⊙ Containing molybdenum + calcium + zinc

Priosa® mineral

Bones & Muscles



59,90 €*

80 Capsules

- ⊙ Supports muscle function,
- ⊙ Key magnesium compounds
- ⊙ Amino acids and muscle minerals

Priosa® muscle fit+magnesium

Muscles & Endurance



99,90 €*

70 Capsules

- ⊙ Supports the functioning of the nervous system
- ⊙ Vitamins and coenzymes
- ⊙ R-alpha-lipoic acid & amino acids

Priosa® nerv

Contributes to the normal functioning of the nervous system



39,90 €*

60 Capsules

- ⊙ Fatty acid complex
- ⊙ Omega 3 + 6 + 9
- ⊙ CBD + argan oil + gamma-linolenic acid

Priosa® omega+

Heart & Circulation



29,90 €*

60 Capsules

- ⊙ Relieves PMS symptoms
- ⊙ Supports the menstrual cycle
- ⊙ Contains lady's mantle and monk's pepper

Priosa® pms

For the female cycle



28,90 €*

60 Capsules

- ⊙ Complex against oxygen radicals
- ⊙ With superoxide dismutase (SOD)
- ⊙ Vitamin C & Zinc

Priosa® protect

Cell protection against oxidative stress



89,90 €*

90 Capsules

- ⊙ Supports the health of the mucous membranes
- ⊙ With D-mannose, cranberry & Willow bark
- ⊙ Vitamins & Minerals

Priosa® uro

To maintain healthy mucous membranes

ESSENTIALS Products.



19,90 €*

120 Capsules

ESSENTIALS b12

Boosts the immune system, energy metabolism, blood formation and nerve function



24,90 €*

30 Capsules

ESSENTIALS b active

For energy metabolism, the nervous system and mental function



29,90 €*

200 Gram

ESSENTIALS collagen drink

For skin, hair, bones and joints



24,90 €*

60 Capsules

ESSENTIALS d2

Supports bones, teeth and the immune system



24,90 €*

20 Chewtablets

ESSENTIALS kids multi

Strong as a tiger



19,90 €*

120 Chewtablets

ESSENTIALS melatonin

Fall asleep quickly and wake up feeling refreshed



29,90 €*

20 Capsules

ESSENTIALS Q10

Coenzyme Q10 derived from plant fermentation

Developed by **doctors, alternative practitioners and therapists.**

Unlike is often the case, we take a holistic view of the body. Conventional medical knowledge is incorporated into product development just as much as the knowledge and experience of alternative practitioners.

For the **benefit of humanity.**

For over 18 years, we have been testing patients, study participants and athletes for actual nutrient deficiencies. In researching many unexplained symptoms such as sleep disorders, mood swings or digestive problems, it became apparent that amino acids were most frequently lacking. The musculoskeletal system, immune system, neurotransmitters, detoxification and regeneration all depend on them. Our products are not conceived on the drawing board, but in consultation rooms. In particular, the intake of methionine yielded spectacular results. Thus, our first product, today's Priosa® clean, was soon born, followed by many more. Gradually, the successes and experiences were shared and refined among our doctors, alternative practitioners, therapists, nutritionists and dietary advisers.